

## The Coaches Code



Be reasonable in your demands on the young players time, energy and enthusiasm. Remember they do have other interests.



Teach your players that The Laws of the game are mutual agreements, which shouldn't be broken.



Avoid over playing talented players. All players need and deserve equal time.



Remember that children play for fun and enjoyment, and that winning is only part of it. Never ridicule or yell at children for making mistakes or losing a game.



Ensure that equipment and facilities are safe and appropriate to the age and ability of the players.



Develop team respect for the ability of the opponents as well as for judgement of officials and opposing coaches.



Follow the advice of a doctor in determining when an injured player is ready to play again.



Gain respect by being generous with your praise when it is deserved, and set a good example in every way.



Improve your players through coaching – frequent match play or long practise sessions do not guarantee development.



Make a personal commitment to keep yourself informed on sound coaching principles, and the principles of growth and development of children.